



# *SAMPLE COMMUNION MENU*

## **STARTERS**

### **Honey & Thyme ARDSALLAGH Goats Cheese Salad**

Candied Walnuts, Beetroot Pickle, Crostini. Organic Mixed Leaves. Contains: 1,3,5,7,8.

### **A Symphony of Creamy Chicken & Mushroom**

Served in a Golden Pastry Case. Contains: 1,7,10

### **Fresh Country Garden Vegetable Soup**

Twist of Cream and Croutons. Contains: 1,3,7

## **MAIN COURSE**

### **Slow Roasted Irish Angus Beef with a Yorkshire Pudding**

Classic Red Wine Jus. Contains: 1,3,7,12

### **Baked Fillet of Hake with a Herb Crust**

White Wine and Dill Sauce. Contains: 1,4,7,12

### **Roasted Supreme of Chicken**

Mustard Mash, Whiskey Mushroom Cream Sauce. Contains: 1,12

### **Chargrilled 8Oz Irish Angus Sirloin Steak**

Choice of Garlic Butter or Pepper Sauce. Contains: 1,8 (€8.00 supplement)

**\*All Main Courses Served with a Melody of Garden Vegetables & Potatoes\***

## **DESSERTS**

### **Dessert Plate Selection**

From our Pastry House

**Fresh Brewed Tea or Coffee**

## **Allergens**

1: Cereals (contains flour) 2:Crustaceans 3:Eggs 4:Fish 5:  
Peanuts 6: Soybeans 7:Milk 8:Nuts 9:Celery 10:Mustard  
11:Sesame Seeds 12:Sulphites 13:Lupin 14:Molluscs

