

LUNCH MENU

Mabel Crawford's Bistro

STARTERS

GARLIC BREAD

With Organic Leaf Garnish
Contains: 1 (Wheat), 3, 7, 10

€ 6.00

ADD CHEESE FOR €0.50

CASTLEFARM SOUP OF THE DAY

Croutons, Market Vegetables, Fresh Herbs, Bread Roll
Contains: 1(Wheat), 3, 7, 9

€ 8.50

HOT CHICKEN WINGS

Vienna Woods Hot Sauce with Cashel Blue Cheese
Mayonnaise Contains: 6, 10, 11

€ 11.50

Make It A Main Dish € 17.00

 **Alternative Vegetarian Option:** Cauliflower Wings
Same Serving

CASTLETOWNBERE SEAFOOD CHOWDER

Prawns, Mussels & a Selection of White & Smoked Fish in a Creamy Vegetable Broth served with House-made Beamish Soda Bread
Contains: 1(Wheat), 2, 3, 4, 7, 9, 14

€ 12.00

SANDWICHES & WRAPS

Served with a Portion of Fries or a Cup of Soup

HOT PULLED BEEF SANDWICH

On a Toasted Ciabatta with Red Cheddar Cheese, and Horseradish Mayo
Contains: 1(Wheat), 3, 7, 10

€ 14.80

THE TOASTED SPECIAL

Brown or White Bread - Toasted with Baked Ham, Bandon Cheddar, Red Onion & Tomato served with Salad
Contains: 1(Wheat), 3, 7, 10

€ 14.80

SPICY CHICKEN GOUJON WRAP

Bandon Cheddar, Garlic Aioli, Sweet Chili, served with Organic Leaf Salad
Contains: 1(Wheat), 3, 7, 10

€ 15.50

OPEN SEAFOOD SANDWICH

Dressed Crab, Smoked Salmon on Homemade Soda Bread, Organic Leaf Garnish and Lemon
Contains: 1(Wheat), 2, 3, 4, 7, 10

€ 17.50

MAIN COURSES

THAI VEGETABLE RED COCONUT CURRY € 20.00

A Medium - Hot Curry Sauce, Fragrant Basmati Rice & Crisp Rice Noodles
Contains: 1 (Wheat), 8 (Cashew), 9, 10, 11, 12

Go Half Chips/Half Rice + € 3.00

Add Prawns + € 5.50

Add Chicken + € 3.50

Add Beef + € 5.50

VIENNA WOODS RAVIOLI

Spinach & Ricotta Ravioli, in a Rich Rustic Tomato Sauce with Kalamata Olives, Chilli, Rocket, and Parmesan
Contains: 1 (Wheat), 3, 7, 9, 12

€ 20.95

"MCCARTHYS" ANGUS DOUBLE BEEF BURGER € 21.95

Smoked Bacon, Bandon Cheddar, Baby Gem, Beef Tomato, 'House Made Pickle, 'Bens' Burger Sauce on a Toasted Brioche Bun served with Chunky Fries
Contains: 1(Wheat), 3, 7, 10, 12

GRILLED CHICKEN FILLET BURGER € 21.95

Avocado & Bacon, Baby gem, Beef Tomato, House Pickle and 'Bens' Burger Sauce on a Toasted Brioche Bun served with Chunky Fries
Contains: 1 (Wheat), 3, 7, 10

GOLDEN FRIED BEER BATTERED FISH N' CHIPS € 22.00

House-made Tartare Sauce & Lemon, Mushy Peas, Chunky Fries
Contains: 1(Wheat), 3, 4, 7

ROAST OF THE DAY € 22.95

Please ask your Server, Served with a side of Market Vegetables
Contains: 1(Wheat), 7, 9, 12

FISH OF THE DAY € 22.95

Please ask your Server, Served with a side of Market Vegetables
Contains: 1(Wheat), 4, 7, 9, 12

CHICKEN PENNE PASTA CARBONARA € 24.50

Creamy Parmesan Sauce, Smoked Bacon, Garlic Bread & Rocket
Contains: 1(Wheat), 3, 7, 12

BRAISED BANDON BEEF FEATHERBLADE € 25.00

Champ Potato, Balsamic Jus, Charred Chantenay Carrots, with a side of Market Vegetables
Contains: 7, 9, 12

"MCCARTHYS" 8 OZ ANGUS SIRLOIN STEAK € 33.00 COOKED TO YOUR LIKING

Braised Field Mushroom, Onion Rings, Confit Tomato, Garlic Butter or Peppercorn Sauce. Served with Chunky Fries
Contains: 7, 9, 12



Original
Irish
Hotels

MAIN SALADS

VIENNA WOODS SUPERFOOD SALAD € 14.50

Quinoa, Beetroot, Tenderstem, Feta, Sweet Potato Crisp with Toasted Seeds
Contains: 7, 10, 11
Add Grilled Chicken + € 3.00

VIENNA WOODS HOUSE SALAD € 14.80

Crisp baby gem, creamy Caesar dressing, croutons, crisp Parma Ham & Parmesan shavings
Contains: 1(Wheat), 3, 4, 7, 10
Add Grilled Chicken + € 3.00
Add Prawns + € 5.50

SIDE ORDERS

CHUNKY FRIES € 4.95

Contains: 3, 10

FRAGRANT BASMATI RICE € 4.95

GOLDEN FRIED ONION RINGS € 4.95

Contains: 1 (Wheat), 12

ROCKET & PARMESAN SALAD € 4.90

Contains: 7, 10

ORGANIC LEAF SALAD € 4.90

With Honey Mustard Dressing
Contains: 10

CREAMED POTATO GRATIN € 5.50

Contains: 7

BUTTERED BROCCOLI FLORETS € 5.50

Contains: 7

CREAMED MASH POTATOES € 5.50

Contains: 7

ALLERGENS

1:Cereals (containing Gluten, Wheat, Barley, Oats) 2:Crustaceans
3:Eggs 4:Fish 5:Peanuts 6:Soybeans 7:Milk 8:Nuts 9:Celery
10:Mustard 11:Sesame Seeds 12:Sulphites 13:Lupin 14:Molluscs



DINNER MENU

Mabel Crawford's Bistro

STARTERS

GARLIC BREAD  € 6.00
Contains: 1 (Wheat), 3, 7 **ADD CHEESE FOR €0.50**

CASTLEFARM SOUP OF THE DAY  € 8.50
Croutons, Market Vegetables, Fresh Herbs, Bread Roll
Contains: 1 (Wheat), 3, 7, 9

HOT CHICKEN WINGS € 11.50
Vienna Woods Hot Sauce with Cashel Blue Cheese
Mayonnaise Contains: 3, 7, 9, 10 **Make It A Main Dish € 17.00**
 **Alternative Vegetarian Option:** Cauliflower Wings
Same Serving

BLUEBELL FALLS GOATS CHEESE MOUSSE  € 11.50
With Poached Pear, and Walnuts Contains: 7, 8 (Walnuts), 12

HOUSE SUMMER BRUSCHETTA  € 11.50
Tomato Salsa on Toasted, Garlic Scented Sourdough
Contains: 1 (Wheat), 7, 10 **ADD MACROOM BOCCONCINI € 2.00**

CASTLETOWNBERE SEAFOOD CHOWDER € 12.00
Prawns, Mussels & a Selection of White & Smoked Fish in a
Creamy Vegetable Broth served with House-made Beamish
Soda Bread Contains: 1 (Wheat), 2, 3, 4, 7, 9, 14

PRAWN PIL PIL € 12.00
Toasted Sourdough, Tiger Prawns in a Chilli, Garlic and
Olive Oil Contains: 1 (Wheat), 2, 3, 7

VIENNA WOODS HOUSE SALAD € 12.00
Crisp baby gem, creamy Caesar dressing, croutons, streaky
bacon & Parmesan shavings Contains: 1 (Wheat), 3, 4, 7, 10
Add Grilled Chicken Breast + € 3.00
Make It A Main Dish € 17.50

BALLYCOTTON SMOKED SALMON & CRAB RILLETTE € 13.00
Pickled Red Onion, Celeriac Remoulade, Crab Rilette,
Beamish Soda Bread Contains: 1 (Wheat), 2, 3, 4, 10


ALLERGENS


1:Cereals (contains Gluten) **2:**Crustaceans **3:**Eggs **4:**Fish
5:Peanuts **6:**Soybeans **7:**Milk **8:**Nuts **9:**Celery **10:**Mustard
11:Sesame Seeds **12:**Sulphites **13:**Lupin **14:**Molluscs

MAIN COURSES

THAI VEGETABLE RED COCONUT CURRY   € 20.00
A Medium - Hot Curry Sauce, Fragrant Basmati Rice & Crisp
Rice Noodles Contains: 1 (Wheat), 8 (Cashew), 9, 10, 11, 12

Go Half Chips/Half Rice + € 3.00 Add Prawns + € 5.50
Add Chicken + € 3.50 Add Beef + € 5.50

VIENNA WOODS RAVIOLI  € 20.95
Spinach & Ricotta Ravioli, Rich Rustic Tomato Sauce,
Kalamata Olives, Chilli, Rocket, and Parmesan
Contains: 1 (Wheat), 3, 7, 9, 12

SUMMER RISOTTO  € 20.95
Sautéed Courgette, Cherry Tomatoes, Basil, Thyme, and Lemon
Contains: 7, 9, 12

GOLDEN FRIED BEER BATTERED FISH N' CHIPS € 22.00
House-made Tartare Sauce & Lemon, Mushy Peas, Chunky Fries
Contains: 1 (Wheat), 3, 4, 7

FISH OF THE DAY € 22.95
Please ask your Server., Served with a side of Market Vegetables
Contains: 1 (Wheat), 4, 7, 9, 12

ROAST OF THE DAY € 22.95
Please ask your Server, Served with a side of Market Vegetables
Contains: 1 (Wheat), 7, 9, 12

PAN ROASTED BLACKENED CHICKEN SUPREME € 24.50
Rustic Potato Fondant, Peppernata, Basil Pesto, with a side of
Market Vegetables Contains: 7, 10, 11

CHICKEN PENNE PASTA CARBONARA € 24.50
Creamy Parmesan Sauce, Smoked Bacon, Garlic Bread & Rocket
Contains: 1 (Wheat), 3, 7, 12

BRAISED BANDON BEEF FEATHERBLADE € 25.00
Champ Potato, Red Wine Jus, Charred Chantenay Carrots, with a side
of Market Vegetables Contains: 7, 9, 12

BAKED SALMON € 27.00
Saute Potato Gnocchi in a Walnut Herb Sauce, Buttered Greens, with
a side of Market Vegetables Contains: 1 (Wheat), 4, 9, 12

GRILLED BONE IN IRISH ORGANIC PORK CHOP € 27.00
Sweetcorn, Tomato, Courgette, Succotash, and Balsamic Glaze
Contains: 1 (Wheat), 4, 9, 12



Original
Irish
Hotels

FROM OUR GRILL

GRILLED CHICKEN FILLET BURGER € 21.95
Avocado & Bacon, Baby gem, Beef Tomato, House Pickle and
'Bens' Burger Sauce on a Toasted Brioche Bun served with Chunky
Fries Contains: 1 (Wheat), 3, 7, 10

"MCCARTHY'S" ANGUS DOUBLE BEEF BURGER € 21.95
Smoked Bacon, Bandon Cheddar, Baby Gem, Beef Tomato, House
Pickle and 'Bens' Burger Sauce on a Toasted Brioche Bun served with
Chunky Fries Contains: 1 (Wheat), 3, 7, 10, 12

8 OZ SIRLOIN STEAK € 33.00
COOKED TO YOUR LIKING
Braised Field Mushroom, Onion Rings, Confit Tomato, Garlic Butter
or Peppercorn Sauce. Served with Chunky Fries
Contains: 7, 9, 12

SIDE ORDERS

CHUNKY FRIES  € 4.95
Contains: 3, 10

FRAGRANT BASMATI RICE   € 4.95

GOLDEN FRIED ONION RINGS € 4.95
Contains: 1 (Wheat), 12

ROCKET & PARMESAN SALAD  € 4.90
Contains: 7, 10

ORGANIC LEAF SALAD  € 4.90
With Honey Mustard Dressing Contains: 10

CREAMED POTATO GRATIN  € 5.50
Contains: 7

BUTTERED BROCCOLI FLORETS  € 5.50
Contains: 7

CREAMED MASH POTATOES  € 5.50
Contains: 7



VEGAN DISH



VEGETARIAN DISH

CORK'S VIENNA WOODS HOTEL

KIDS MENU

○ 3 COURSES
€21.00

• Starters •

FRESH MELON SALAD

€5.50

With a Berry Coulis

SELECTION OF CHILLED JUICES

€4.50

TOASTED GARLIC BREAD

€6.00

ADD CHEESE FOR €0.50

Contains: 1, (Gluten), 3

KIDS SOUP OF THE DAY (PLEASE SEE YOUR SERVER)

€5.00

Contains: 7,9

KIDS HOT CUP OF CHOWDER WITH SODA BREAD

€6.50

Contains: 1 (Gluten), 2, 7, 9

• Desserts •

ICE CREAM SELECTION

€6.50

CHOOSE THREE OF: VANILLA, STRAWBERRY,
CHOCOLATE, MINT CHOC-CHIP, SALTED CARAMEL &
RASPBERRY SORBET

With Berry Coulis, Fresh Cream, Sprinkles & Wafers

Contains: 1 (Gluten), 7

HOMEMADE CHOCOLATE & WALNUT BROWNIE

€6.50

Served with Chocolate Sauce & Chocolate Ice Cream

Contains: 1 (Gluten), 3,7, 8 (Walnuts)

STRAWBERRY JELLY & ICE CREAM

€6.50

Served with Fresh Fruits and Sprinkles

Contains: 7

FRESH FRUIT SKEWERS

€6.50

Served with Honey'd Natural Yogurt & Raspberry Coulis

Contains: 7

• Main Course •

MINI CRISP BATTERED FISH N CHIPS

€10.50

Served with Lemon & Tartare Sauce

Contains: 1, (Gluten), 3, 4

GOLDEN FRIED GOUJONS

€10.50

Served with House Cut Chips, Tomato Ketchup

Contains: 1, (Gluten), 3, 7

GRILLED 4OZ PRIME IRISH BEEF BURGER

€10.50

ADD CHEESE FOR €0.50

Served with Home Cut Chips

Contains: 1, (Gluten), 3, 7

IRISH PORK SAUSAGES & PERFECT MASH

€10.50

Served with Gravy

Contains: 1, (Gluten), 7

HALF PORTION ROAST OF THE DAY

€11.50

Contains: 1, (Gluten)

KIDS PASTA WITH TOMATO SAUCE (PLEASE

€10.50

SEE YOUR SERVER FOR TODAY'S PASTA)

Contains: 1 (Gluten)

KIDS MARGARITA PIZZA WITH FRESH

€11.50

TOMATO SAUCE & MOZZARELLA

Contains: 1 (Gluten), 3, 7

KIDS BABY BOWL

Contains: 1 (Gluten), 3, 7

• Allergen Information •

1: Cereals (contains flour) 2:Crustaceans 3:Eggs 4:Fish 5: Peanuts 6: Soybeans 7:Milk 8:Nuts 9:Celery 10:Mustard 11:Sesame Seeds 12:Sulphites 13:Lupin 14:Molluscs

DESSERT MENU

Mabel Crawford's Bistro

All of our Desserts are made In-House

Chef's Homemade Sorbet of the Day €6.50

With Almond Biscotti, please ask your server
Contains:1,3,7,8

Homemade Soft-Centred Fresh Fruit Pavlova €9.00

Whipped Vanilla Cream, Fresh Seasonal Berries, Berry Coulis
Contains: 3,7,8

Warm Chocolate Walnut Brownie €9.00

Rich Chocolate Sauce, Vanilla Bean Ice Cream
Contains: 1,3,7,8

Warm Apple & Berry Crumble Tart €9.00

Served with with Vanilla Bean Ice Cream, and Apple Crisp
Contains: 1,3,7,8,13

Passionfruit Crème Brulee €9.00

Served with Almond Biscotti
Contains 1,3,7,8

Classic Italian Homemade Mascarpone & Espresso Tiramisu €9.00

With Kahlúa Espresso Syrup
Contains:1,3,7,8,13

Chef's Freshly Folded Cheescake of the Day €9.50

Please ask your server for details on today's dish.
Contains: 1(wheat),3,7,8(nuts)

Vienna Woods Summer Bombe Berry Alaska €10.50

Swiss Meringue, Vanilla Ice Cream & Raspberry Coulis
Contains: 1,3,7,8,13

TEA & COFFEE

Black Coffee/Tea €4.00

Latte, Cappuccino, Mocha, Herbal Teas €4.20

ALLERGENS ON BACK OF MENU

CONTINENTAL BUFFET

Selection of Fruit

*Mixed Berry Compote, Diced Watermelon,
Diced Pineapple, Diced Honeydew Melon,
Diced Ogen / Cantelope Melon*

Poached Prunes in Stock Syrup

Selection of Mixed Nuts, Seeds & Cereals

Selection of Yogurt

Mango, Natural & Wild Berry

Mini Smoothie Shots

*Natural Yogurt, Granola & Raspberry Compoté
Contains (1,3,7,8)*

Oat Milk Chia Seed Pudding

Charcuterie Platter

Brie Cheese, Cured Meats Contains (1,3,7,8)

BAKERY

Selection of Breads

Contains (1,3,7)

Home-Baked Breakfast Pastries

Contains (1,3,7)

JUICE & BEVERAGES

Juice *Freshly Squeezed Orange Juice
Apple Juice
Cranberry Juice
Fresh Still Water*

Tea & Coffee *Java Republic Cappuccino
Java Republic Latte
Java Republic Americano
Hot Chocolate
English Breakfast Tea
Peppermint Organic Herbal Tea
Camomile Organic Herbal Tea
Yunnan Organic Green Tea
Wild Berry Tea
Lemon Organic Green Tea*

A Supplement Charge of €1 applies to Herbal Tea

HOT FOOD

COOKED TO ORDER,
PLEASE CHOOSE ONE ITEM

Full Breakfast (2 of everything)

Mini Breakfast (1 of everything)

- **O'Flynn's Irish Pork Sausages (1,3)**
- **Hanley's Smoked Sliced Bacon**
- **Grilled Tomato**
- **Hanley's Black & White Pudding (1,3)**
- **Fried, Scrambled or Poached Eggs (3,7)**
- **Portobello Mushrooms**
- **Fried Potatoes (1, Gluten)**

Omelette of your Choice

Please Choose 4 Toppings Contains (1,3,7)

- **Ham**
- **Mushrooms**
- **Cheese**
- **Spinach**
- **Red Onion**
- **Tomato**
- **Peppers**
- **Feta**

Scrambled Eggs

2 Glenville Organic Farm Eggs with either

- **Ballycotton Smoked Salmon**
- **Hanley's Smoked Bacon**
- **Hanley's Black or White Pudding**

Poached Eggs

*Served on Toasted English Muffin with Fresh
Homemade Hollandaise Sauce*

- **Eggs Benedict (Smoked Bacon)**
- **Eggs Florentine (Spinach)**
- **Eggs Royale (Smoked Salmon)**
- **Smashed Avocado (Home-Made Soda
Bread and No Hollandaise Sauce)**

Flahavan's Irish Porridge *Contains (1,7)*

Homemade Pancakes *Contains (1,3,7,8)*

PLEASE NOTE

- Allergens on back of menu
- Variations in orders may result in a **delay**
- Plant-based vegan sausages and bacon available upon request

PIZZA MENU

ALL OF OUR PIZZAS ARE 12 INCHES, HAND STRETCHED & STONE BAKED

Margherita

€ 15.00

Rustic Tomato Sauce, Mozzarella, Basil Pesto
Contains: 1(Wheat),7,8 (Pinenuts),9 (V)

Pepperoni

€ 16.00

Rustic Tomato Sauce, Mozzarella, Pepperoni
Contains: 1 (Wheat),7,9,10,12

Ham & Pineapple

€ 17.00

Rustic Tomato sauce, Mozzarella, Ham, Pineapple Chunks
Contains: 1(Wheat),7,9,12

Hot & Spicy

€ 18.00

Rustic Tomato Sauce, Mozzarella, Jalapeno, Pepperoni, Chilli Flakes, Rocket
Contains: 1(Wheat),7,9

Four Cheese

€ 19.00

Rustic Tomato Sauce, Mozzarella, Cashel Blue, Mature Cheddar, Parmesan
Contains: 1 (Wheat),7,9 (V)

Vegetarian

€ 20.00

Rustic Tomato Sauce, Mozzarella, Courgette, Aubergine, Red Onion, Peppers, Ardsallagh Goats Cheese, Rocket.
Contains: 1 (Wheat),7,9 (V)

The Woods

€ 21.00

Rustic Tomato Sauce, Mozzarella, West Cork Black Pudding, Chicken, Smoked Coolea, Smoked Bacon, Portabello Mushroom, Rosemary, Rocket
Contains: 1 (Wheat),7,9,12

Create Your Own Pizza

€ 15.00*

Start with our Margherita and add from our range of toppings for **€1.30 per topping ***

TOPPINGS SELECTION

Ham
Pineapple
Peppers
Pepperoni
Jalapeno
Red Onion
Mushroom

Smoked Bacon
Chicken
Rocket
Smoked Coolea
Courgette
Aubergine
Goats Cheese

Extra Mozzarella
Cashel Blue
Mature Cheddar
Parmesan
Black Pudding
Olives

SHARING BOARDS

IDEAL FOR SHARING BETWEEN TWO

Bread & Dips Board

€ 11.95

Rustic Sourdough baguette, served with Chick Pea Hummus & Basil Pesto
Contains: 1 - (Wheat),3,7,8(Pinenuts),11

Cheese Board

€ 16.95

Bandon Vintage Cheddar, Tipperary Cashel Blue & Tipperary Brie,
served with Onion Conserve & Rustic Sourdough Bread.
Contains: 1 - (Wheat), 3,7

Cold Meat Board

€ 16.95

Gubbeen Chorizo, English Market Spiced Beef, Gubbeen Salami,
served with Tomato Relish and Rustic Sourdough Baguette
Contains: 1 - (Wheat), 3,7,10,12

Combo Selection of Cheese and Cold Meats

€ 19.95

Can't decide? Why not try both of our selection boards above in one!
Contains: 1 - (Wheat), 3,7,10,12

SIDE ORDERS

Portion of Chunky Fries (V)

€4.95

Garlic Bread

€6.00

Contains: 1 (Wheat),3,7 (V)

Add Cheese for €0.50

Rocket and Parmesan Salad

€4.90

Contains: 7,10 (V)

Organic Leaf Salad, Honey Mustard

€4.90

Dressing Contains: 10 (V)

PIZZA MENU SERVING TIMES

MON - SUN: 1PM - 9PM

ALLERGENS

1: Cereals (contains flour) 2:Crustaceans 3:Eggs 4:Fish 5:Peanuts 6:Soybeans 7:Milk
8:Nuts 9:Celery 10:Mustard 11:Sesame Seeds 12:Sulphites 13:Lupin 14:Molluscs

Afternoon Tea Menu

Top Tier

Baileys Panna Cotta in a Chocolate Cup

Contains - 7

Strawberry Chouchell with Strawberry Cream

Contains - 1(Wheat), 3, 7

Warm Bakewell Tartlet

Contains - 1(Wheat), 3(Eggs), 7, 8(Almonds)

Pineapple Macaroon

Contains - 3, 7, 8(Almond)

Chocolate Dipped Cake Pop

Contains - 1(Wheat), 3, 7, 8

Middle Tier

**Homemade Buttermilk Scones
with Jam & Clotted Cream**

Contains - 1(Wheat), 3, 7

Homemade Spiced Jamaican Ginger Cake

Contains - 1(Wheat), 3, 7

Bottom Tier

**“O’Flynn’s” Pork & Wild Mushroom
Puff Pastry Pin Wheel**

Contains - 1(Wheat), 3, 7, 10, 12

**“Bluebell Falls” Goats Cheese Balls
with Honey, Herbs, and Walnuts**

Contains - 7, 8

Classic Egg & Chive Mayo Triangle Sandwich

Contains - 1(Wheat), 3, 6, 7

Turkey, Rocket & Cranberry Mayonnaise Wrap

Contains - 1(Wheat), 3, 7

**“Hanleys” Black Pudding, Fig Chutney
and West Cork Vintage Cheddar Tartlet**

Contains - 1(Wheat), 3, 7, 12

ALLERGENS ON BACK OF MENU